

From the Chief Executive Officer, Bob Lieberman

The holiday season is upon us once more. It is a time of light in the darkness – a time to count our blessings and reconcile our losses. At Kairos we are lucky to have many blessings, even while we work so hard day in and day out to help young people and their families cope with, heal from, and reconcile their losses.

So I find myself counting those blessings that we have been fortunate enough to enjoy.

We are blessed to have attracted a large team of truly remarkable individuals who dedicate themselves with compassion, skill, and professionalism to helping young people who often are unable to treat them nicely in turn, but who learn to reciprocate.

We are blessed to have some of the leading clinicians and researchers in the world working with us to better understand the latest research and its implications.

We are blessed with a dedicated Board of Directors who give their time, energy, and resources to guide us and plan for our future.

We are blessed with community partners who work closely and collaboratively with us on behalf of the young people and families we mutually support and serve.

We are blessed with foundations that value our work and provide support for our innovations.

We are blessed with businesses who support us with discounts, donations, and favorable corporate relationships.

We are blessed with a legion of volunteers who work with us on Rogue Winterfest to bring sparkling lights and wonderful holiday festivities into our community.

We are blessed with dedicated volunteers who work as mentors supporting students in the schools.

We are blessed with all of our long term supporters and donors who have provided financial and moral support for many years, as well as new individuals who are helping us meet our challenge grant and develop sustainability into the future.

This holiday season all of us hope that you and your loved ones can also enjoy a long list of blessings. Here's wishing all of you only the best in this holiday season and in the new year to come.

Children's Mental Health Campus New Beginnings Opens House

Kairos hosted an Open House on August 25th of our new Psychiatric Residential Facility (New Beginnings) and Crisis Resolution Unit as a part of the Children's Mental Health Campus. This state of the art facility also houses an Education Center and a Family Cottage (which parents can stay in to be near their children and for families and children to be together with the support of staff to learn new skills). Guests were invited to tour the newly constructed facility, meet Board and staff members, and enjoy refreshments while learning about Kairos and the important work we do.

The Children's Mental Health Campus is the result of years of planning by the Kairos Board of Directors and community partners. It is designed to meet the growing need for trauma-informed intensive children's mental health services and to provide an effective response for young people experiencing mental health and/or behavioral emergencies in Southern Oregon.

We offer our deep and sincere appreciation to the many individuals and entities who have participated in the development of the Children's Mental Health Campus. We also would like to graciously thank the many individuals, businesses, and foundations who believe in us and support our work to help youth, young adults, and their families receive the help they need.



Kairos has been making a difference in the lives of youth and young adults with mental and behavioral disorders and their families for over thirty six years. We help them learn skills and find solutions to build a better future for themselves and the community. Your contribution helps us continue this important work. Please feel free to arrange a tour and perhaps meet some of the youth we serve. *Together, we can build a stronger community and bring hope and promise to the youth and families who need our help the most.*

Please mail this form and your check to: Kairos Development Department 715 SW Ramsey Avenue Grants Pass, OR 97527

Or you can make a donation on our website via PayPal at: http://kairosnw.org/donate

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Medford Crisis Respite Treatment Foster Home

On August 21st Kairos hosted an Open House of its new Crisis Respite Treatment Foster Home developed in Medford in partnership with Jackson County Mental Health. Guests were provided the opportunity to meet with the Treatment Foster Parents who occupy the house, have their questions answered, and tour.

The home is designed with the purpose of providing respite care, either in crisis emergent situations or planned in advance, for youth experiencing emotional and behavioral crisis. We had a wonderful turnout from the community and are deeply thankful for the continued support which makes our work possible.





A benefit to raise funds for three nonprofit mental health agencies: Family Solutions, Kairos, and Options for Southern Oregon

Josephine County's largest holiday festival, **Rogue Winterfest** is held at Evergreen Federal Bank's Bear Hotel. Each year, this venue undergoes a spectacular transformation into a winter wonderland, bringing the community together to help support the Rogue Valley's mental health organizations: Family Solutions, Kairos, and Options for Southern Oregon.

Rogue Winterfest kicks off with the popular **Gala and Grand Auction** on Thursday, December 4th, which features an exciting selection of creatively decorated trees, and artworks. For the third year, we are offering the **Golden Social** for our senior community on Friday, December 5th. Family activities take place during the **Weekend Holiday Events** on Saturday, December 6 and Sunday, December 7th. The **Culinary Christmas Classic** on Monday, December 8th will bring the series of holiday festivities to a delicious close.

For additional information about Rogue Winterfest events please visit the website at www.roguewinterfest.org.



The moment when change is possible

Kairos 715 SW Ramsey Avenue Grants Pass, OR 97527

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We would like to take this opportunity to thank our Board of Directors for their time, service, and commitment to our agency.

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